

Intent

At St Weonards Academy our PE curriculum aims to develop an engaging, high-quality provision that inspires all pupils to succeed and excel in competitive sports and other physically-demanding activities. It aims to fulfil the requirements of the National Curriculum for PE, by providing a broad and balanced curriculum. PE at St Weonards Academy is an imperative aspect of the curriculum, which develops a need for healthy lifestyles, a balanced diet, positive growth mind-set and the resilience to persevere with activities when they become challenging.

We provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Our children have opportunities to compete in sport and other activities that build character and help to embed our school values such as friendship and respect. We are passionate about the need to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values. When participating in competitive sport, we teach them to transfer these values we teach within school to the activity, ensuring they do their best and display good sportsmanship.

Implementation

Pupils at St Weonards Primary Academy participate in weekly high-quality PE and sporting activities following the National Curriculum. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses.

We provide opportunities for all children to engage in extra-curricular activities during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being for all pupils. All children will compete against their peers and pupils from other schools within the Federation.

Teachers use rolling programmes to ensure coverage and progression across key stages (EYFS, KS1 and KS2). Specific vocabulary and phrases for each skill set are taught and built up within each key phase. In addition to this, throughout the year, the children will have opportunities to work with our PE Specialist Teacher. At St Weonards we are currently using The PE hub as a scheme of work and these lesson plans are shared with other staff, including our PE specialist.

Impact

Our aim for all pupils is that they will achieve their key end points at the end of each stage (EYFS, KS1 and KS2). In addition, pupils will become increasingly aware of the importance of leading a healthy lifestyle. We strive for all our pupils to retain prior learning through the use of retrieval-based activities as well as high quality teaching. Pupils will make connections between what they have previously learned and what they are currently learning.

Additionally, we aspire to create a love for keeping fit through the use of exercise outside school as well as in.